

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Demi Rawstorne

Has successfully participated & completed the

5Km Trail Run Alto Trail Run

held at Alto Wines, Stellenbosch.

**TIME** 00:54:21

**PACE** 10:51/km **OVERALL** 20 of 35

**GENDER** 13 of 26

**OPEN** 11 of 18

21 May 2023, Sun

Date



